



FREE MAP FOR YOUNG PEOPLE MADE BY LOCALS



# WROCLAW



## ACT LIKE A LOCAL

It's easy to become a local in Wrocław as no one is really from here. Wrocław became very international in 2004, when Poland became part of the EU (not only by Europeans, but there are also big Indian, South Korean and Ukrainian communities). It's really "The Meeting Place."

## EAT LIKE A LOCAL

Traditionally, Polish people have a quick breakfast at home (e.g. scrambled eggs, sausages, oats) and a black tea with lemon, and prepare sandwiches to take to work. In the middle of the morning, the second breakfast is accompanied with a coffee. Lunch is when you get back home in the late afternoon (soup followed by potatoes, schnitzel and a coleslaw). And then a light dinner (salad or a sandwich) at the end of the day. If this is your first time in Poland, don't miss out on one of these traditional dishes:

- **Pierogi** - dumplings with meat/cheese/cabbage/mushrooms
- **Zurek** - soup with fermented sour dry flour, meat, boiled potatoes and an egg, usually served in a bowl made of bread
- **Gołąbki** - boiled cabbage filled with rice and minced meat, with tomato sauce
- **Bigos** - chopped meat with fresh and fermented cabbage enriched with other vegetables and spices
- **Sirówka** - shredded root vegetables with lemon juice and sugar
- **For the sweet tooth:**
  - **Dzidozówka** - yeast cakes
  - **Paczki** - Polish donuts with filling (rose jam, marmalade, pudding...)
  - **Kremówka** - puff pastry with pudding cream

## DRINK LIKE A LOCAL

Despite what you might've heard, the stereotype that Polish people only drink pure vodka is not true. Vodka is mostly drunk on special occasions (weddings or family (or served in cocktails). Nowadays, it seems people prefer drinking wine or beer. If you're a fan of craft beers, then you are in luck as there are many microbreweries all over Poland. Alternatively, some other drinks you might want to try:

- **Mead**
  - **Nalewka** (flavoured vodka spirit)
  - **Cider**
  - **Mulled beer/wine**
- And some Polish tapas to go with it:
- **Beef tatar**
  - **Pickled herring**
  - **Gizk** (potatoes with cottage cheese)
  - **Fermented cucumbers**
  - **Lard on bread**

## CHILL AT THE RIVERSIDE

Wrocław is surrounded by 5 rivers (the Odra being the biggest one), but it feels as if there were more, since they spread around the city, forming little islands (it is often called *the City of 100 Bridges*). If you come during the summer, you won't see any locals in the city centre. If the weather is nice, they're probably by the river at one of the many beach bars, grill-



## MEMORIES OF POLAND

Get amazed by Polish graphic art! **GALERIA PLAKATU** is a shop where you can get familiar with a broad range of creative work by **Polish illustrators**. Here you can buy reproductions of famous movie posters and eye-catching postcards. If you're looking for an original souvenir, check out the series "POLSKA" by Ryszard Kaja, representing different Polish regions and cities in a creative way.

## SLAVA UKRAINI

**CUKRA**, the Ukrainian Center for Culture and Development, is a place of **cultural events**, information support, social and educational activities, mostly run by and for Ukrainian speakers.

## GLOW IN THE DARK

During the day it's just another courtyard, but at night it comes to life. **NEONSIDE** is a collection of **old neon signs** salvaged from different parts of the town and turned into a gallery in an alley full of street art. This place is also home to a few bars and many cultural associations.

## COEXIST

We would need to make a separate map just about the **COMMON RESPECT DISTRICT**! If we could just give you a brief idea of its complexities, it's a place of mutual respect between 4 religions and the **best clubs in town**. One thing is sure, this place never sleeps. **5w**, Antoniego Street has great restaurants and many funeral homes. Wander around, find your own magical place. It may be a bookstore, café or a fascinating courtyard. If we could just point you to two places, the first one would be the square near the **White Stork Synagogue** and **Pokoynoh** pub.

## EVERYBODY SCREAM FOR ICECREAM

Have you ever tried Belgian chocolate with black fermented garlic, peanut butter with bacon or pickled cucumber sorbet? **KRASNOUD** ice cream shop is known for its **original flavours** made only out of seasonal fresh products, changing on a weekly basis. Take some time to cool off and enjoy your ice cream in the nearby park.

## ROUND FOOD FOR EVERY MOOD

Are you searching for the best way to start your day? Cozy morning atmosphere is always present at this place. **CENTRAL CAFE** is known for delicious bagels, excellent **pancakes** and delicate coffee scent. The place is rather small but if the weather is nice, you can enjoy the little outside area. Normally it gets full very quickly especially on weekends. If it happens to be your birthday, show them your ID and enjoy a free slice of cake!

## COEXISTENCE, COOPERATION, FRIENDSHIP, LOVE, IDENTITY

**COOPFLI** is a meeting point for all book lovers, specializing in books from small local editors. They also serve good wines and appetizers. If you're lucky, you might even meet **Olgia Tokarczuk** there.

## NOW, BRING ME THAT HORIZON

Looking for something to do during a rainy day? Look no further, it's not another popcorn cinema. **CINEMA NEW HORIZONS** screens mostly alternative movies and many Polish productions with **English subtitles**. They also have a small bistro and a store selling anything movie-related (books, films, posters, etc).

## NO MORE TEPIEDOHOBIA!

Tea room **CZAJOWNIA** is pure zen. Not only do they have the **best tea selection** in the city, they can also tell you all about it. Come here if you want to relax, read a book, have a conversation with close friends... This is also where most of the **USE-IT** Wrocław maps were written. And don't forget to check the amazing garden in the back!

## REFER ACADPMV

## POLISH TAPAS

This place will let you travel back in time. Dimmed lights, antique furniture, old Polish songs playing on the radio, joyful people. **PRZEDWOJENNA** has it. One of the few places serving food late at night (or early morning). It offers a cheap and **simple menu** of Polish tapas - steak tartare, pickled herring or cucumbers served with the booze of your choice. Get full very quickly!

## HANSEL AND GRETTEL

**JAS I MAGOSIA** is one of the most charming spots around here. The fairy-tale like building Jas and Magosia stand out, due to their small size in comparison to the nearby church. The tenement houses date back to **15th century** but still hold together (joined by an arcade). The art adorning Jas (e.g. colourful spots or the **Do it Yourself** bass relief) are works by the local graphic artist **Eugeniusz Get-Stankiewicz**. Look around and you might find the secret entrance to the underground world of Wrocław's dwarfs.

## HELLO DARKNESS MY OLD FRIEND

Music lovers' choice. **VINYL CAFE** is a small, cosy, eclectic cafe with LPs playing on the gramophone. If you like what you hear, they also sell some of them. A lovely way to spend your afternoon while sipping your coffee, served in a beautiful **Bolleswicze porcelain**.

## POPOPOKERACE

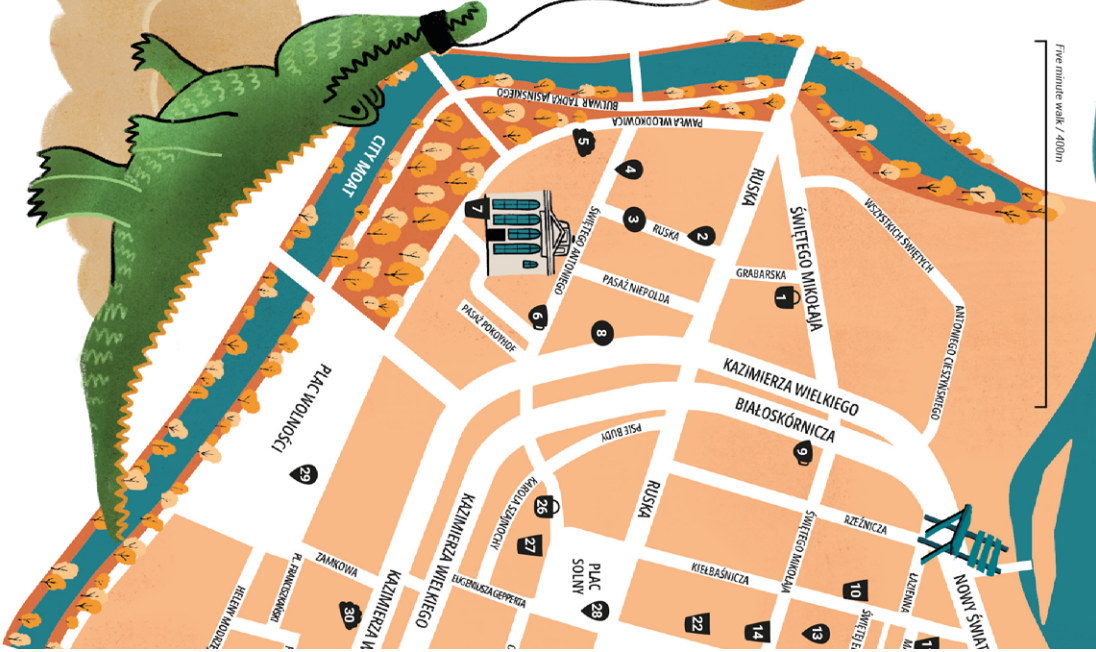
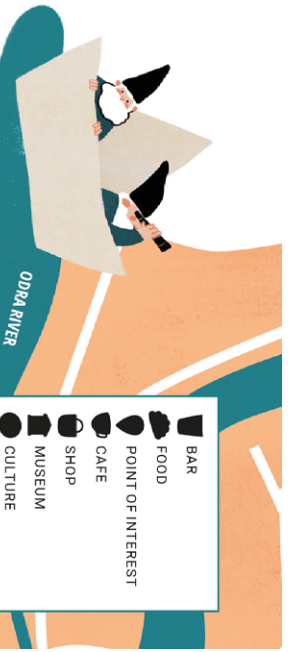
Don't play cards with students or you'll end up like the swordsman from the **FOUNTAIN BY THE UNIVERSITY**! The legend says the sculptured man is its author - Hugo Lederer himself. Hugo is said to have come to Wrocław as a student and during a card game he lost not only his money, but also his clothes. The sneaky fellows left him only with a sword - symbol of nobility and man's honour. The legendary swordsman is still being tricked as many have climbed it or tried to steal his sword.

## SUPERALA

**FRAGILISTEXPIALIDOCIOUS** Probably one of the most famous places in town, but definitely one of the most-goat. Very hard to miss with its **giant crocodile** and organically hanging on the outside wall, this Zimn bar used to be an **old theatre** and is managed by the same family for generations. While **KAŁACZKA** is more relaxing, with zen melodies and serves tea, **KALAMBUR** has rock music playing, suitable for smokers and serves alcohol. They host many art exhibitions and concerts, always for free. If you want to meet some local artists, this is definitely the spot by the entrance you can find them every week and a small window selling vegan pizza slices.

## THE MILKY WAY

Brave enough to try authentic **Polish fast food?** **Pierogi Instalka, placik ziemniaczany, gołąbki**, in no waiting time! Unless there is a big queue at the entrance... But don't get discouraged, it's part of the experience. Around noon it gets really busy here and some dishes might get sold out so take it into account while planning your lunch. Research a bit in advance what you'd like to order because it goes faster than you think. Grab the first free seat, you find, and take the opportunity to meet some locals. This is a typical "milk bar", which is not a bar, nor does it serve milk. They are old canteens reminiscent of communist times, where they served milk-based meals. You will be surprised by how cheap they are! Two of the most iconic are **BAR MIS** or **BAR MEWA**, both located not far from each other.



## POWERED BY PLANTS

**VEGA** is the **oldest vegetarian restaurant** in Poland! Since 1987 they offer us the best plant-based meals, cooked with only fresh local produce. If you want to try some **Polish classics** their bar downstairs serves traditional meals with a twist. On

## POWER TO THE PEOPLE

The **FREEDOM SQUARE** is a large, 'front of the National Forum of M...' became a place of anti-russian rally



- **Surowka** - shredded root vegetables with lemon juice and sugar
- **Drożdżówka** - yeast cakes
- **Paczki** - Polish donuts with filling (rose jam, marmalade, pudding...)
- **Keropowka** - puff pastry with pudding cream
- **Makowiec** - poppy seed cake



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## ANNUAL EVENTS

### SPRING/SUMMER

- **Guitar/Summer Record Attempt** - Every year on the 1st of May, people gather in the market square to play the song "Hey Joe" and try to beat their own record from the previous year.
- **Human Library** - Worldwide movement where the 'books' you can borrow are real people.
- **Night of the Museums** - During one night, most of the museums in the city are free from early afternoon to late night.
- **Vertigo Summer Vibes** - Free open-air concerts in different parks around the city.
- **Survival Art Review** - Contemporary Art Festival in abandoned building (location changes every year)
- **SIMCHA** - Jewish Culture Festival
- **New Horizons IFF** - Alternative Movie Festival
- **Busker Tour** - International Festival of Street Art
- **European Literature Night** - Many literature events spread throughout the city.

### AUTUMN/WINTER

- **Jazz nad Odrą** - Jazz concerts all around the town
- **Kino Mural** - Animation and experimental short movies in a few outside locations in Nadodrze district
- **Moc Nadodrze** - Art festival celebrating uniqueness of the district of Nadodrze
- **Bike days** - International Film Festival
- **Dialog** - International Theatre Festival
- **Opowiadania** - International Short Story Festival

## WEEKLY EVENTS

### MONDAY

- **La Szam** - Billiards and board games
- **Kino Nowe Horizonsy** - Cheap Movie Mondays
- **Kubokawarna Mieczarnia** - Stand-up Open Mic
- **Wolna Biblioteka** - Chess Night

### TUESDAY

- **Marynka** - International Language Exchange
- **Kasgarnia Hiszpańska** - Romance Languages Meeting
- **Nietota** - Acoustic Tuesdays / Fajrant German Meeting

### WEDNESDAY

- **Szaklarnia** - Italian Meeting / French meeting
- **DCF** - Cheap Movie Wednesdays
- **Niebo Cafe** - Karaoke night
- **Pic Spolecznie** - Bike Polo
- **Wolna Biblioteka** - Vegan Sushi Workshop

### THURSDAY

- **Arkady** - English Speaking Club
- **Liverpool** - Jam session
- **Tamka** - Free Movie Nights

### FRIDAY

- **Odsemmake** - Japanese Game & Travel Meeting
- **Pi, Bema** - Critical Mass - last Friday of the month

### SATURDAY

- **Liverpool** - Alternating between K-POP Party / Back to the 80s / Depeche Mode Party
- **Browar Mieszczanski** - EcoBazar

### SUNDAY

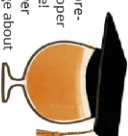
- **Młyn / Dworzec Świebodzki** - Flea Market
- **Szaklarnia** - English Speaking Club
- **Wolna Biblioteka** - Wroclaw Social Kitchen

have the **best tea selection** in the city, they can also tell you all about it. Come here if you want to relax, read a book, have a conversation with close friends... This is also where most of the USE-IT Wroclaw map was written. And don't forget to check the amazing garden in the back!

## BEER ACADEMY

Are you the kind of person who appreciates a good drink, served in its proper glass? Then **ACADEMIUS** is your place!

They focus on **great beer** from all over the world and have a deep knowledge about everything they serve. And if you get hungry, ask for their famous **prezels** or *flamnikucheni*. Last but not least, don't forget to mark your home town on the map on the wall!



## CECI NIEST PAS UNE PIPE

If you want to feel like in a *Bistro Parisien*, **ARTZAT** is the place to go. Low-lit environment, newspapers on the walls, men with mustaches smoking pipes... Order a coffee and start a conversation with the elegant and friendly owner. Or open a book if you want some alone time. And if you get hungry, they usually have some hearty **traditional food**.

## BLOODY HELL!

When searching around the old town for that one charming and picturesque street to photograph, **JATKI** is the one! The place kept its medieval look and is one of the **oldest streets in town**. Although now full of cute art and craft shops, it's hiding a bloody past. Take a look at the gutter running the length of the street, where blood and waste used to run. Or the trap doors in the floor where goods were lowered into cellars. Scary! The memorial at the entrance, with bronze animal statues, are a reminder of the old butcher street.



## MORE THAN YOUR EYES CAN SEE

Look at Wroclaw from a different perspective! There are a few viewpoints that will let you enjoy our very flat town from up high! If you're brave enough to climb almost **300 high and steep steps**, **ST. ELIZABETH'S CHURCH TOWER** is going to open a breath-taking view for you. But if you're already tired of walking, the **Cathedral** viewpoint has a lift (accessible through a few steps).

faster than you think. Grab the first free seat you find, and take the opportunity to meet some locals. This is a typical "milk bar", which is not a bar, nor does it serve milk. They are old canteens reminiscent of communist times, where they served milk-based meals. You will be surprised by how cheap they are! Two of the most iconic are **BAR MIS** or **BAR MIEWA**, both located not far from each other.

## ONE STOP SHOP

As it was hundred years ago, **HALA TARGOWA** still is a one-stop shop for anyone seeking fresh **local vegetables**, coffee roaster or even foreign treats like *chorizo*, *hoholi* or olives. Strolling through the isles, you will notice that this tall building is also home to some of the local birds. To the left of the main entrance, you will find a pub called **Targowka**, located in the cellars of the market. Its brick walls are covered with historical architectural site plans and photos of the old city life.

## EVERYWHERE IS HERE AND EVERY WHEN IS NOW

A popular **second-hand book store** in the city, **ANTYKWARIAT NAUKOWY** is mostly famous for its roomier - a cat named Dante, who used to welcome customers while relaxing on the store's window sill. Since he passed away, a small sculpture was raised in his honour and a new roomier took his place.

## TO ERR IS HUMAN TO ARR IS PIRATE

Below the **Museum of Pan Tadeusz**, right in the Market Square, there is a hidden small boardgame bar. **AR BAR** is full of **steampunk** decorations and music from the Middle Ages and serve cocktails in various chemistry lab glassware.

## MORE THAN A BOOKSTORE

Do you consider yourself a bookworm? Then you'll love this place! It's quite hidden, in one of the narrow streets in the Market Square, its name refers to a movement during WWII, where people organized knowledge-sharing gatherings in various secret locations. **TAJNE KOMPLETY** is an **independent bookstore** (not a shop with books, as they claim) that offers over 14,000 carefully selected titles in various languages. Reserve some time to explore their best literature and great selection of vinyls and CDs, or appreciate their excellent coffee and music. In the evening you may join a concert, an author's meeting or a discussion.

**POWERED BY PLANTS**  
**VEGA** is the **oldest vegetarian restaurant** in Poland! Since 1987 they offer us the best plant-based meals, cooked with only fresh local produce. If you want to try some **Polish classics** their bar downstairs serves traditional meals with a twist. On the contrary, the menu upstairs has international classics on the menu. Although they are right in the Market Square, it is a real local place where you can eat well for a decent price.

## THE MEETING POINT

Located right in the city center, **PRIGIERZ** is the most common meeting point for all the Wroclawians. If you want to hang out with us and someone asks you where should you meet, just answer: *Pod Prigierzem!* It will really make you sound like a local! Lift your head and you will notice a figure of an **excutioner**. That's because *prigierz* means 'pillory' and that's where, back in Middle Ages, all executioners and penitents by whipping took place! Quite a bizarre place to become a meeting point, right?

## HOLA, ¿CÓMO TE LLAMAS?

More than a place to read or buy books, corner cafe **LA LIBRERIA ESPAÑOLA** is the meeting place for all latinos in town. Check out one of their **weekly language meetings** or drop by for a debate or an acoustic concert.

## IN VINO VERITAS

This place is worth finding! Hidden in the heart of Plac Solny, in one of the most magical backyards in Wroclaw, **WINNICA** is the best place to escape the crowds. Just seat outside in their **summer garden**, reserve some time and enjoy the unique atmosphere that this place offers and variety of great **wines**. No worries, the friendly staff will help you find what you like. Order some snacks along, relax and stay up late in the night.

## 24/7 FLOWER MARKET

Have you forgotten about an important anniversary or you simply want to surprise your partner on the way back home? Luckily, **PLAC SOLNY** is here for you! Got its name from a salt market in the middle ages and now one of the few places in Wroclaw where you can buy **flowers** 24/7. Below the square, there is an old underground WWII bunker with capacity for 300 people, now hosting a **cinema museum**.

## POWER TO THE PEOPLE

The **FREEDOM SQUARE** is a large, central front of the **National Forum of M**, became a place of enhancing roller boarding, cycling, even scooter riding place for many local initiatives, student and community meetings. Historic structures ran through this area are still visible through a **Glass floor** at the square.

## INSIDE NARNIA

Have you ever eaten pizza from **INSK GRACJANIA** is a quirky bar, full of spread across a labyrinth of rooms, lot of **craft beers** and **great pizza**, for everyone: vegan, vegetarian or for

## TALK TO ME

The **PASSAGE OF DIALOGUE** is a meeting place for meetings and social activities in It also serves as an information point for newcomers to Wrocław. Throughout the year you can participate in various workshops or various discussion open-minded people - just check the your stay and decide which event fit you may want to bring your skateboard!

## BA BA BA BARBARA

In theory, this is an information center but in practice it's way more than that. It holds lots of **social, cultural** and **art** activities. Throughout the year you can participate in various workshops or various discussion open-minded people - just check the your stay and decide which event fit you may want to bring your skateboard!

## I SOLEMNLY SWEAR I AM UP TO NO GOOD

May I show you the way to the mys where you can visit platform 9 3/4, edit or drink delicious cream beer?

## POD TREMIA MIOTLAM!

**POD TREMIA MIOTLAM!** is a mysterious place, where you can meet Harry Plover and play Harry Potter theme **board games**. You may want to put on *The Sorting Hat* and know if your future looks bright.





**LEGEND**

- BAR
- FOOD
- POINT OF INTEREST
- CAFE
- SHOP
- MUSEUM
- CULTURE

**BY PLANTS**  
 Vegetarian restaurant in they offer us the best plant-ed with only fresh local produce. **one Polish classics** their bar traditional meals with a twist. On

**POWER TO THE PEOPLE!**  
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**PRACTICAL INFO**

**GETTING IN**  
 As you probably noticed, Wrocław has a very privileged location in the middle of Europe and therefore has great connections by bus, train or plane.

**TO/FROM THE AIRPORT:**  
 The bus line 106 runs from the Main Railway Station and Bus Stations every 15 minutes, and the entire route takes about 40-50 minutes (from 05:23 to 23:34, 4:60PM). If your flight is at night, you can take bus 206 (from 12:07 AM to 2:07 AM). Alternatively you can take a taxi or Uber (35zł-60zł).

**TO/FROM THE TRAIN/BUS STATION:**  
 The main train station is Wrocław Główny. The bus stations are next to it and quite close to the city centre (around 20min walking). If you opt to take a tram or a bus, there are many options, such as buses N and K or trams 2, 5, 8, 9 and 11.

**PUBLIC TRANSPORTATION**  
 Wrocław has a great 24/7 public transportation system. You can buy tickets in several kiosks around the city, vending machines (at some platforms or inside the transport buses (only with contactless cards), if you get a paper ticket, don't forget to validate it! There are 2 times per year that you can use all public transportation for free: Day without cars (2nd of September) and European Night of Literature (last Saturday of August; you need to carry a book or e-book with you).

**CITY BIKES**  
 Wrocław has a public bike system (e-bikes and car-gobikes as well) called **Wrocławski Rower Miejski**. First 20min are for free (classic bikes only). There are many stations around the city, all you need to do is install their app!

**TOURIST INFORMATION POINTS**

- Main Tourist Information Office
- Pinet 14
  - Mo-Sun 09:00 - 19:00
  - Tourist Information Point (Airport)**
  - Graniczna 190
  - Mo-Sun 08:00 - 20:00
  - Tourist Information Point (Main Railway Station)**
  - Piaskowa 105
  - Mo-Sun 08:00 - 20:00
  - Tourist and Cycling Information Centre**
  - Świętego Antoniego 8
  - Mo-Sun 10:00 - 18:00
  - Krasnalito**
  - Sulimowice 12
  - Mo-Sun 10:00 - 18:00

**OTHER USEFUL INFO**

- Wrocław has around 674,000 inhabitants (end of 2022), making it the 3rd largest city in Poland.
- You can pay with card pretty much everywhere.
- It's safe to drink tap water in Wrocław. You can ask for a glass of water at any bar or restaurant and they shouldn't charge you for it.
- Most museums are closed on Mondays.
- Some shops and trams have USB charging ports.
- Are you a student under 24? Don't forget to bring your student card with you to get some discounts (e.g. 50% on public transportation).
- Most of the city centre and main tourist spots are covered by free public WiFi.
- Wrocław is one of the warmest cities in Poland. During the summer, temperatures rarely go over 30°C and in the winter, rarely go under 0°C (during the day).

**IMPRESS THE LOCALS**

We know Polish can be a complicated language, especially for non-Eastern Europeans. But if you make the effort to learn some vocabulary, you'll sure be treated with a smile.

- **Wrocław** - [vros-waf]
- **Good morning** - Dzień dobry [Dzyen dobry]
- **Hi - Hello** [Hej] / **Cześć** [Chesh-esh]
- **What's up?** - Jak tam? [Jak tam]
- **Tak** - Yes
- **Yeah** - No [Noh]
- **No** - Nie [Nye]
- **Please** - Proszę [pro-sheh]
- **I'm sorry** - Przepraszam [Prie-pro-sham]
- **Thank you** - Dziękuję [Dyen-koo-yeh]
- **Bye** - Pa [pah]
- **See you later** - Na razie [No rah-ye]



- **Goodbye** - Do widzenia [Doe vit-zen-ya]
- **I don't speak Polish** - Nie mówię po polsku [Nye mooyeh poh-poh-sko]
- **I don't understand** - Nie rozumiem [Nye roh-zoo-ryem]
- **Cheers** - Na zdrowie [No zdrow-yeh]
- **Great** - Estera [Estro]
- **Oh my!** - Oj jku [Oh-yoy-koo]
- **Masakra** - Can be used in many different contexts. Usually a situation that is hard to believe or deception
- **Spoko** - The most versatile word in Polish language. Can mean chill, no problem, relax, nice to see you - literally "100 years" Bless you (when someone sneezes). Also means Happy Birthday. Alternately another way to say Cheers





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## ING POINT

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## ERTAS

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## POWER TO THE PEOPLE!

The **FREEDOM SQUARE** is a large, concrete area in front of the **National Forum of Music**. The square became a place of enhancing rollerblading, skate-boarding, cycling, even scooter-riding skills. It's also a place for many local initiatives such as dance lessons and community meetings. Historically, city defense structures ran through this area and some of them are still visible through a **glass floor** of the northern part of the square.

## INSIDE NARNIA

Have you ever eaten pizza from inside a wardrobe? **GRACJANINA** is a quirky bar, full of random furniture spread across a labyrinth of rooms. Offering a big selection of **craft beers** and **great pizza**, there is something for everyone: vegan, vegetarian or meat eaters.

## TALK TO ME

The **PASSAGE OF DIALOGUE** is a municipal public space for meetings and social activities in the heart of the city. It also serves as an information point and offers educational activities for newcomers to Wrocław.

## BA BA BA BARBARA ANN

In theory, this is an information centre and a cafe, but in practice it's way more than that! **BARBARA** holds lots of **social, cultural** and **artistic** events. Throughout the year you can participate in interesting workshops or various discussions and meet open-minded people - just check the schedule during your stay and decide which event fits you most! You may want to bring your skateboard with you - there is a nice spot for improving your skateboard tricks outside of the building, near to the entrance.

## I SOLEMNLY SWEAR THAT I AM UP TO NO GOOD

May I show you the way to the mysterious place where you can visit platform 9 3/4 and ask for an elixir or drink delicious cream beer? **Pod TREZEMA MIOTŁAMI** is a mysterious place, where you can meet Harry Potter lovers and play Harry Potter themed **board games**. You may want to put on *The Sorting Hat* and know if your future looks bright.



## 100 BEERS OF SOLITUDE

Why not have a delicious meal and admiring the art of **Polish brewery** at the same time? The cream of the crop - **BROWAR STU MOSTOW** is both a brewery and a restaurant. Its name refers to how Wrocław is often called: **The City of 100 Bridges**. Take a walk and count how many you're going to cross on your way to this place. Do you accept the challenge?

## ALL THAT JAZZ

Seemingly unrelated chords, abrupt key shifts and syncopated rhythm, sounds good! Hesitate no more and check **VERTIGO JAZZ CLUB**. The place offers **live music**, a wide spectrum of food and drinks along with an amazing atmosphere. Apart from jazz, the place hosts stand-up comedy, non-jazz concerts and many more. Great place for a night out!

## THE CHERUBINIC WANDERER

When you'll need a calm place to consult our map or you'll just get tired following all of the hints, here's one of the most charming places right in the city center! **This calm little garden** is a great resting point in the warmer season and on cold or rainy days, follow the smell of good coffee and enter the hidden cafe called **CHERUBINOWY WĘDROWIEC**.

## DRINKING IN PUBLIC LIKE A LOCAL

This green island, **WYSPA ŚLÓDOWA**, just in the middle of the city, is a popular meeting place among locals. Although drinking alcohol outside its forbidden in Poland, for every rule there is an exception. People have been coming here to drink for years, and in 2018, the city made it official. You can either bring your own and join the locals playing games or go to some of the many floating bars. During summer, it gets so full that sometimes it's hard to find a place to sit. Tip: on the top of the building in the middle, there is a **spectacular view of the city**.



## THE ISLAND THAT NEVER SLEEPS

One of the **smallest islands** near the city centre might seem unimhabited during the day, but comes to life in the nighttime. There, you find **WYSPA TANKA**, an old university building, transformed into an **Art Hub** with a bar, an art gallery, band rehearsal rooms, a skate half-pipe, etc. Throughout the year, they host concerts, movie nights, workshops and many other events.

## NOT JUST ANOTHER BRICK IN THE WALL

Visiting Wrocław's **MUSEUM OF ARCHITECTURE** brings an unique opportunity to explore the legacy of modern architecture, being the **only one in Poland** and one of the first institutions of its kind in the world. Breathtaking interior of the former **Bernardine monastery** creates a perfect atmosphere to admire exhibits of various topics and ages. In the back, there is a lovely green square full of plants, which makes it a great spot to take a break and chill out after visiting the museum.

## TIME TO RELAX

A place to rest, relax and enjoy beautiful architecture. **WROCLAWSKIE CENTRUM SPA** was built at the beginning of the 20th century when much of Wrocław's inhabitants lived in tenement houses, which often lacked proper sanitary facilities. With that in mind, a group of wealthy merchants decided to finance the construction of a public bath. Initially only for men and then expanded also for women. Nowadays it includes **3 swimming pools**, a turkish bath and **sauna**. Even if you don't plan to go for a swim, it's still worth entering and appreciate the well-preserved interior of this **Art Nouveau** building.

## MUSEUMS & ART GALLERIES

### FREE EVERYDAY

**Pharmacy Museum**  
Closed Saturday to Mondays  
**BWA Sici Glass and ceramics Gallery**  
Closed Mondays and Tuesdays  
**BWA Studio Gallery**  
Closed Mondays and Tuesdays  
**BWA Działin Gallery**  
Closed Mondays  
**WRO Art Center**  
Closed Mondays and Tuesdays

### FREE ON MONDAYS\*

**City Gallery**  
Closed on Sundays

### FREE ON TUESDAYS

**Four Domes Pavilion**  
Closed on Mondays

### FREE ON WEDNESDAYS

**Post and Telecommunication Museum**  
Closed on Mondays

### FREE ON THURSDAYS\*

**Museum of Bourgeois Art**  
Closed on Mondays and Tuesdays  
**Museum of Cemetery Art At The Old Jewish Cemetery**  
Open everyday



### Historical and Medal Art Museum

Closed on Mondays and Tuesdays  
**Archaeological and Military Museum**  
Closed on Mondays and Tuesdays  
**Henryk Tomaszewski Theatre Museum**  
Closed Mondays and Tuesdays  
**Wrocław Contemporary Museum**  
Closed on Tuesdays

### FREE ON SATURDAYS

**Ethnographic Museum**  
Closed on Mondays  
**National Museum**  
Closed on Mondays

### NOT FREE BUT WORTH CHECKING OUT:

**MINIATURE MUSEUM** Kolejkowo  
Open everyday  
**Deport History Centre**  
Closed on Mondays

### \*PERMANENT EXHIBITIONS)

**LOCAL TIP!**  
Every year, most of the museums are free for one night (this year on the 20th of May!)





## 5 MINUTES OF HISTORY

- ca. 915** Bohemian Prince Vratislav I takes control of the area which is now Wrocław. It is believed he lent his name to the city which we have today.
- 1000** The Congress of Gniezno between the king of Poland and the Holy Roman Emperor establishes the bishopric of Wrocław. It is the oldest written record of the city today.
- 1241** A Mongol invasion almost destroys the city of Wrocław. Its residents are allegedly saved by a local monk, Czeław, whose prayers call down a pillar of fire from Heaven that scares off the Mongols.
- 1380-82** A "Beer War" in Wrocław is fought between the city council and the bishop over the sales of beer. Only an intervention by the Pope brings the conflict to an end.
- 1475** The first mechanical printing house is opened in Wrocław, on Cathedral Island. It remains one of the oldest continuous printing houses in Poland today, never having been shut.
- 1523** A single meeting between Johannes Heis, a follower of Martin Luther, and the city council convinces them to convert to Lutheranism. This marks the beginning of the Protestant Reformation in Wrocław.
- 1526** The kingdom of Bohemia is absorbed into the Austrian Habsburg Empire, putting the city of Wrocław under control of the Holy Roman Emperor.
- 1897** Manfred von Richthofen, aka The Red Baron, is born in Wrocław. Serving in the Imperial German Air Service during WWI he would become the best fighter pilot in the war.
- 1913** Wrocław's only UNESCO site, Centennial Hall, is constructed, designed by the famous German architect Max Berg.
- 1945** In February the Soviet's begin their siege of Fortress Breslau (Wrocław). The 3 months long battle ends 2 days before the end of WWII in Europe, and was the longest fought battle for a German city during WWII.
- 1948** Wrocław hosts the World Congress of Intellectuals, with over 600 notable figures such as Pablo Neruda, Julio Cortázar, Pablo Picasso, Irene Jolico-Curie, Aldous Huxley and Bertolt Brecht (just to name a few).
- 1997** Most of Wrocław's streets are covered in water from July to August during the "Flood of the Millennium". The Odra River grew up to 10km across.
- 2001** The first dwarf statue, Papa Dwarf, appears in Wrocław, to commemorate the Orange Alternative. This began the spread of Wrocław's unique cultural and artistic movement of dwarf making.
- 2019** Olga Tokarczuk gets awarded the Nobel Prize of Literature (for 2018) and in the same year Wrocław becomes UNESCO City of Literature.



## ORANGE ALTERNATIVE

By the 1980s, many Poles were beginning to question their oppressive socialist society and the ineffectiveness of their leaders. In Wrocław this manifested into an artistic youth movement known as the Orange Alternative. Founded by Waldemar 'Major' Pydych, the group's public antics aimed to encourage independent thinking, and their ideology-free happenings would cause onlookers to question the absurdity of their reality. These activities turned every member of society into performers in the Orange Alternative's surreal public performances. The group used an **orange dwarf** as their symbol, and eventually declared a revolution of the dwarfs, with their slogan: "There is no freedom without dwarfs." Their pranks would eventually force the police to detain people, "ordering ketchup", question those attending, "illegal meetings of dwarfs", and arrest anyone caught handing out toilet paper. The Orange Alternative's peaceful and surrealist movement led to many questioning their authoritarian leaders and the reality they had been sold.

## YOU ARE NOT A TRUE WROCLAWIAN IF YOU'VE NEVER...

- Had a drink on Stodowa Island
- Been to a Beach Bar
- Made a BBQ at the riverside
- Attended at least one the many festivals in town
- Queued for ice cream
- Crushed a party at a student dorm
- Ate at Mils or Mewo milk bar
- Had to wait for someone at Pigelecz or Fredro statue
- Bought some kink-knacks at the flea market
- Caught yourself looking at the tiny details of buildings
- Looked for specific items at Feniks mall
- Had the melody of Anatomy/Capitol from stop stuck in your head



## RAILWAY TO HEAVEN

This big round-shaped building used to be a bunker during WWII and is now known as **WROCLAW'S CONTEMPORARY ART MUSEUM**. They host not only temporary exhibitions by international and Polish artists, but they focus on Wrocław artists. Make sure to check the **cafe at the rooftop** for an amazing 360° view of this part of the city. Next to it, you can observe the surreal *Train to Heaven*, a 30 meters long and 80 ton locomotive by the local artist Andrzej Jarodzki. It is said to be the largest urban sculpture in Poland.

## NOCTURNAL RAINBOW

Summertime (mostly) chill-zone in the city centre, with food trucks offering delicious food, ice cream and local craft beer. **TARG TĘCZOWA** is a space of various events such as **concerts**, outdoor cinema shows, silent disco parties or flea market initiatives. Although it's an outdoor space, walls of the surrounding post-industrial buildings create camel interior and a vibe of being a little bit distanced from the city noise.

## BE READY TO BE TRANSFORMED!

Are you a techno listener? You will enjoy visiting **TRANSFORMATOR**, located inside of an old warehouse outside of the city centre. It's a place of good **techno music** and respectful, open minded atmosphere. You will be surprised by a small skate ramp inside. The industrial vibe of the place fits the neighbouring post-industrial buildings.

## RELAX AND THROW AXE

**ZSIEKIER** is a nice place to... throw some axes. You can grab a beer there and let yourself unwind, but you may need to make a reservation first. Feeling awed? Yet?

## GLHI!

What a geeky place! **THE GAMES AND COMPUTERS MUSEUM OF THE PAST ERA** holds old-fashioned computers, nostalgic consoles, game machines and toys. You will recall your childhood or get caught up in an exciting world of **retro games!**

## KINKKNACKS AND GEMGAWMS

**HALA SWIEBODZKI**: an old train station converted into a **food court**. On Sunday mornings, just behind the building there's a  **flea market** from as early as 6am until around lunch time. At night, there are many events happening, from live music to pub quizzes, from movie screenings to techno parties. The whole building is full of cultural-related initiatives such as art galleries, museums, theatres, etc.

## DON'T CRY FOR ME ARGENTINA

Hidden in a small street, just outside the city centre, lays a small Argentinian restaurant called **PAMPA**. What they lack in space they make up for with the deliciousness of their **home-made empanadas**. With all the decorations, music and a small shop, you'll feel like you just bumped into a cozy place in Buenos Aires.

## KNOWLEDGE IS FREEDOM!

Free anarchist library, **WOLNA BIBLIOTEKA** is an initiative aimed at increasing access to books, magazines and other literary forms on freedom and equality issues. Here, you can borrow books, read, discuss, have a cup of tea or even learn about linux or get information on cybersecurity. They also host numerous **weekly events** (check the event section for more).

## THE LITTLE ENGINE THAT COULD

If you're an early bird, you can get yourself woken up here. This cosy little cafe is open from 7:30 am and there's no better spot to see Wrocław awakening! They offer **specialty coffee**, best beans of the highest quality to be enjoyed in their homely place. We always look for sustainable businesses and **ROZUSZNIK** is one of them. Fairtrade and zero waste approach are not just a slogan here. Local artist display, many plants and great music, cakes, great to start the day.

## A TYPHOON OF FLAVOURS

**TAJFUN** likes getting out of control here, local ingredients meet the inspiration of distant trips. **Handmade pasta**, fermented veggies and kimchi, home-brewed kombucha, just a bit unpredictable.

## PUNK NOT DEAD

**CENTRE FOR REANIMATION OF**





stop stuck in your head



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useit.wroclaw @useit\_wroclaw or wroclaw@use-it.travel

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### WITH THE SUPPORT OF:



### 90 A TYPHOON OF FLAVOURS

TAFJUN likes getting out of control. Here, local ingredients meet the inspiration of distant trips. **Handmade pasta**, fermented veggies and kimchi, home-brewed kombucha, just a bit unpredictable, the base menu is only 5 types of **pad thai** and the rest is daily surprise, because they cook as they like!

### 91 MAGIC REALISM

The unassuming place **MACONNO** offers so much! Inside this cafe, apart from delicious coffee, you will find a variety of local, **handcrafted souvenirs**. Check their website to enjoy one of many events held here every month such as concerts, movie nights, workshops and many others. On your way there have a walk through buławki *fajzera* *Zwierzyckiego* by Odra with interesting audio sculptures and stunning rows of trees on both sides of the path.

### 92 ALL ROADS LEAD TO ROMAI

Let the old cobbled streets of Wrocław take you to one of the **best ice-cream places in Europe**: **LODZIARSKA ROMA**. And the secret tip: when you order sorbet, the scoop is double.

### 93 THE GAIT TO NADDRZE

**INFOPUNKT NADDRZE** is the information point about **Nadodrze district**, a part of the town that used to be a bit forgotten but now it's truly glowing. Old ruined houses with murals, sketchy courtyards and art galleries - Nadodrze is full of contrasts, perfect for a walk with a camera (so much that Spieberg chose this location for his movie *Bridge of Spies*). At **Lokietka 5** you'll find more about local projects, cultural scene or you can join a debate or a field walk around the district.

### 94 I EAT THEREFORE I AM

Located at the entrance of the district of Nadodrze, **FOOD THINK TANK** is a hub for people with interest in art, cultural events and specialty coffee. Apart from being involved in many initiatives themselves (movie making, knife sharpening workshops, international cooperations...), they also offer **tasty breakfasts and lunches**. Once there, make sure to check their nutcracker collection, handmade ceramics or exhibitions by local artists.

### 95 PUNK NOT DEAD

**CENTRE FOR REANIMATION OF CULTURE** hidden inside a big courtyard full or cars, is the meeting place for all kinds of **alternative activities**: debates, concerts, meetings and collaborations. It was gifted by the city to a group of punks and squatters, due to their active cultural engagement (e.g. Food not Bombs, Anarchist Federation, Freedom Library, etc). Nowadays, you can also find a bike-repair workshop and a small bar. Just look for the big red gate.

### 96 AND THE WOLVES ARE FULL, AND THE SHEEPS ARE WHOLE

As you probably noticed Wrocław has many **vegan places** and **WILK STYT** offers the highest level of food! All dishes are seasonal, creative and have this fine touch that let you feel like you are in a fancy restaurant. Quite often, they serve **vegan versions of Polish classics**. We recommend trying their cakes!

### 97 COFFEE FOR A CAUSE

Fancy a good coffee and helping a good cause at the same time? **CAFE ROWNIK** not only provides a job and therapy for people with intellectual disabilities, but also functions as a **cultural centre**. Its name is a word play.

### 98 STREET ART EVERYWHERE!

What used to be just another courtyard was transformed by a group of artists, together with locals, into an **open-air street art display**. All walls of **ROOSEVELTA STREET** are covered with numerous paintings. From fantasy worlds to real-life drawings of its residents. Don't forget to check the other side of the street!

### 99 PATRON SAINT OF EUROPE

**EDYTA STEIN**, was a German Jewish philosopher and one of the six patron saints in Europe. She devoted most of her life to helping others but died in Auschwitz. Her (former) home is now a **museum** and also serves next generations of Jewish, German and Polish youth, who meet here for language courses or exchange programmes.



### 60 OHN' ELEISS KEIN PREIS

Known by students as "Hogwarts", the **PWR's FACULTY OF ARCHITECTURE** delights with its appearance. Built in 1902-1904 as a School of Building Crafts - on the front of the building you can still see the German inscription. Next to it, **Park Topky** invites you to relax, lay on the grass and listen to the water fountain running, some locals having a picnic or walking their dog. While there, take a look at the surrounding area, full of impressive tenement houses.

### 61 LIGHT MY FIRE

The **CATHEDRAL ISLAND** is the oldest part of the city, and it's full of churches, chapels, monasteries and tourists. When you enter over the Turnski Bridge, you'll see that suddenly the pace slows down here. During the day you can admire the architecture or even enter the impressive **Botanical Garden**. At night, it will be a perfect place for the evening stroll along peaceful streets lit by gas lanterns. Come at dawn and maybe you'll be so lucky to meet the lamplighter himself.

### 62 ONLY LOCALS ALLOWED

How about a **healthy breakfast** based on local ingredients? **LOCALSONLY71** is a cosy, small place, where you can get a taste of it. It's also a store where you can buy some healthy foods to go.

### 63 MAKE HUMMUS NOT WALLS!

People here are in contact with the roots, literally. All ingredients are from nearby producers although cooking inspirations travelled far. **W KONIAKCE** is all about respect, for both humans and food, friendships and time. Come with an open mind and delight in the taste.

### 64 WE'LL HAVE MANHATT

**MANHATTAN** or *Siedzowca* are the names of a group of housing and service buildings in the Grunwaldzki district. They are icon of **Wrocław's architecture**. Built in the white buildings dominate the district. The name *Siedzowca* appears frames resemble toilet seats. Interior design of Jadwiga Grabowska differed from the buildings you see in the project, they were meant to have with wood and brick accents, lots of green roofs.

### 65 I'M A WEIRDROUGH, I'D BELONG HERE

The confectionery **POD TRUMIENEM** name to the neighbouring funeral home and is famous for its **sweet fo** for more than 50 years already. It is mostly known for its *plizetka* fillings. Better hurry up, because everything disappears really fast!





## 70 ROW YOUR BOAT

To get a great view of **Grunwaldzki's bridge** you either have to jump into the water, go kayaking or... visit **ODRA CENTRUM!** This is a unique place with walls covered with barometers, knots and photos of the old Wrocław. The building itself is one of a few **houseboats** in town. It's not only a great place to have a coffee or a cake, but you can rent kayaks as well. It is also an educational and cultural center focusing on sustainability and ecology. If you want to get a kayak for free, bring a trashbag with you. Anyone returning from the trip with a bag full of waste gets an hour of kayaking for free.

## 75 CHAMELEON MUSEUM

Plunge into Polish and European cultural heritage by visiting the **NATIONAL MUSEUM**. There are permanent and temporary exhibitions, so there's plenty to leap onto. This Museum, located in a 19th-century building, was established in 1947 and now its collection numbers 200,000 artefacts of different disciplines and areas. Once you're there, make sure to take a look at the building itself. It's all covered with **marvelous ivy**, which makes the scenery different every time of the year. At the rear of the building, which faces the river Odra, there is an exhibition of sculpture Magdalena Ałakowicz's work.

## 76 TICKET TO RIDE

Even if you didn't arrive to Wrocław by train, it is still worth to check out **MAIN RAILWAY STATION**. It's a charming and yet unobvious sightseeing spot. The building has survived WWII and after recent renovation, its facade regained its original 19th-century orange colour. Until 2012, it housed one of the last train stations in Europe. Tip: leave the building from its main entrance and look at the roof on the building on the opposite side, to be greeted by the **neon** of a citizen wishing you a Good evening in Wrocław.

## 77 HASHAFAHASHA

You've just arrived in Wrocław? Long trip, hungry and no power to see the town on an empty stomach? Look no further! **KASZA PASZA** is open for breakfast, lunch and dinner and is situated only a few steps away from the **Main Train Station**. They like to celebrate food here! You can choose from **daily special menus**, that are composed the way to give your body everything it needs. Vegan/vegetarian and gluten free dishes along with one meat option are the restaurant's interesting idea. Try this place, and you'll immediately feel at home.

## 78 PETITE VILLE, GRAND RENOM

Opened in 1930, this modernistic building called **RENOVA**, still serves as a **department store** today. It won many architectural awards, so make sure take some time to observe the beautiful ceramic tiles and golden decor. Inside, look for the permanent exhibitions of renowned artists. In the summer months you can enjoy outdoor cinema or concerts on its **rooftop** while having a picturesque view of the Wrocław's nightlife.

## 79 YOU'LL NEVER WALK ALONE

There are a few places to see live music in town, but if you want to discover local bands, then **LIVERPOLL** is the place to be. Hidden under an old shopping centre, here you can see bands playing for the first time (often for free)! They also host **live sessions** every Thursday. Alternatively, head to **Alive** or **Nietota**, just a few blocks away.

## 82 TENDER IS THE NIGHT

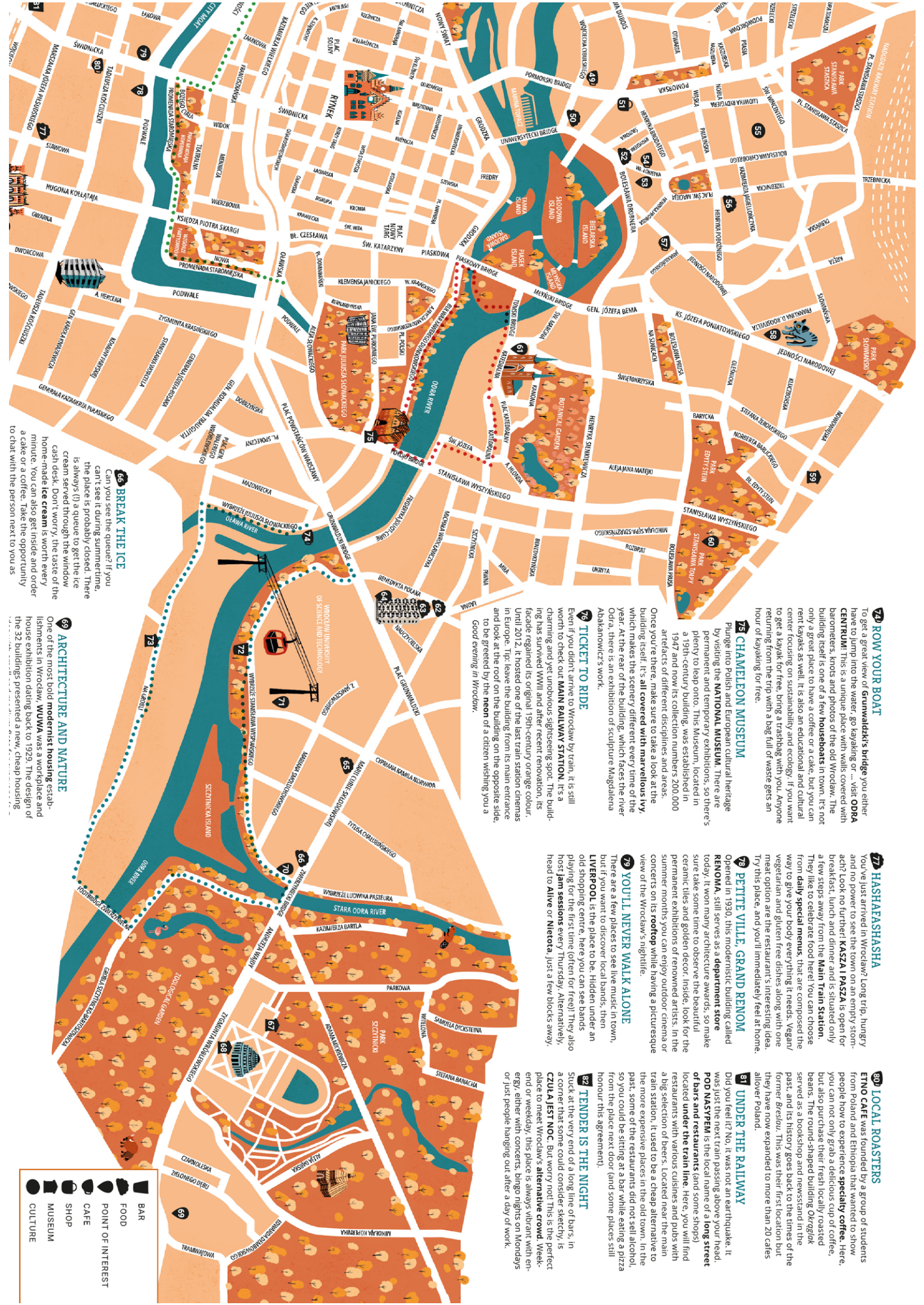
Stuck at the very end of a long line of bars, in a corner that some could consider sketchy, is **CZUŁA TEST NOC**. But worry not! This is the perfect place to meet Wrocław's **alternative crowd**. Week-end or weekday, this place is always vibrant with energy, either with concerts, bingo nights on Mondays or just people hanging out after a day of work.

## 80 LOCAL ROASTERS

**ETNO CAFE** was founded by a group of students from Poland and Ethiopia that wanted to show people how to experience **specialty coffee**. Here, you can not only grab a delicious cup of coffee, but also purchase their fresh locally roasted beans. The round-shaped building **Okragliak** served as a bookshop and bookstore in the past, and its history goes back to the times of the former **Gracium**. This was their first location but they have now expanded to more than 20 cafes all over Poland.

## 81 UNDER THE RAILWAY

Did you feel it? No, it was not an earthquake. It was just the next train passing above your head. **POD NASTPEM** is the local name of a **long street of bars and restaurants** (and some shops) located **under the train line**. Here, you will find restaurants with various cuisines and pubs with a big selection of beers. Located near the main train station, it used to be a cheap alternative to the more expensive places in the old town. In the past, some of the restaurants did not sell alcohol, so you could be sitting at a bar while eating a pizza from the place next door (and some places still honour this agreement).



## 66 BREAK THE ICE

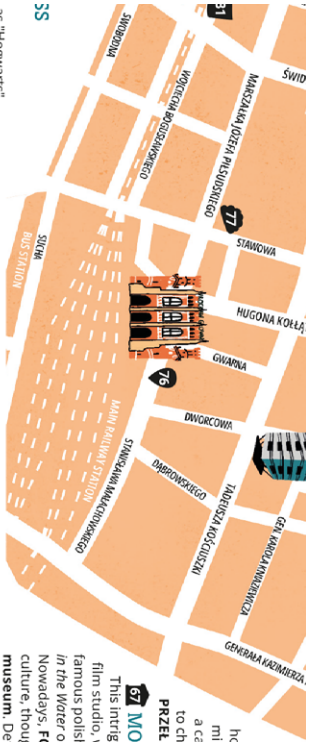
Can you see the queue? If you can't see it during summertime, the place is probably closed. There is always (!) a queue to get the ice cream served through the window cash desk. Don't worry, the taste of the home-made **ice cream** is worth every minute. You can also get inside and order a cake or a coffee. Take the opportunity to chat with the person next to you as

## 69 ARCHITECTURE AND NATURE

One of the most bold **modernist housing** establishments in Wrocław, **WUWA** was a workplace and house exhibition dating back to 1929. The design of the 32 buildings presented a new, cheap housing

- BAR
- FOOD
- POINT OF INTEREST
- CAFE
- SHOP
- MUSEUM
- CULTURE





as "Hogwarts",

**Y OF ARCHITECTURE** delights  
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 the front of the building you can  
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 lay on the grass and listen to the  
 ing, some locals having a picnic  
 3. While there, take a look at the  
 full of impressive tenement houses.

**FIRE**

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 to chat with the person next to you as  
**PRZEŁAM LODY** means "break the ice!"

**67 MODERN ART SANCTUARY**

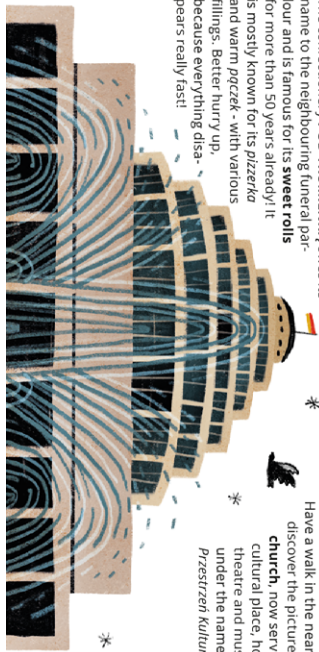
This intriguing modernist building used to be a  
 film studio, which was behind some of the most  
 famous Polish movies such as Roman Polański's *Knife  
 in the Water* or Andrzej Wajda's *Ashes and Diamonds*.  
 Nowadays, **FOUR DOMES AVIATION** still serves  
 culture, though this time as a **contemporary art  
 museum**. Definitely worth checking out, challenge  
 your imagination strolling through rows of Magde-  
 lena Abakanowicz's sculptures, or enjoy awe-inspir-  
 ing moments with Zdzisław Beksiński's or Tadeusz  
 Kantor's paintings.

**68 UNESCO HALL**

One of the classics on the sightseeing trail, **CEN-  
 TENNIAL HALL** was built by former *Breslauer's* to  
 celebrate the **100th anniversary of the victory of  
 Prussia over Napoleon**. Nowadays, Wrocławians  
 come here to enjoy concerts, take part in various  
 falls or simply to enjoy their weekends. Just in  
 front of the hall's entrance, you will notice *gliza*, a  
 needle-like monument that played a role in Poland's  
 modern history as a symbol of resistance when the  
 Solidarity flag was placed there in the communist  
 era. Next to it, you will find Pergola holding **outdoor  
 multimedia shows** in the warmer months.

**69 I'M A WEIRDOUGH, I DONUT**

The confectionery **POD TRUMIENKA** owes its  
 name to the neighbouring funeral par-  
 lour and is famous for its **sweet rolls**  
 for more than 50 years already! It  
 is mostly known for its *pizzerka*  
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One of the most bold **modernist housing** estab-  
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 house exhibition dating back to 1929. The design of  
 the 32 buildings presented a new, cheap housing  
 idea with small and medium flats for everyone (e.g.  
 for singles, couples without children, freelancers  
 or factory directors). Other major factor was their  
 simplicity, they were built in just a few months. Don't  
 forget to stop by the **little cafe** with the same name!

**70 GOLDEN TOOTH**

Can you see which puzzle looks like it does not be-  
 long here? A unique, **post-modernist** housing build-  
 ing known as **KOLOROWA PLOMBA**, is an interesting  
 example of Polish architecture of the 90's. These  
 years were full of expressing freedom and imagina-  
 tion, in contrast to previous years of following strict  
 modernist rules. Built in 1996, it refers to nearby Art  
 Novau tenement houses in its general form, making  
 it complementary to them, but stands out with the  
 color, balconies and oriel.

**71 DOWN BY THE RIVERSIDE**

During the warm summer months, this became  
 the hangout place by the river. There is an **outside  
 beach** volleyball field, which is the perfect chance to  
 join some locals! Just on the other side of the river,  
 you can find the famous **Grotowski Institute** and  
 the **Hydropolis museum**, which are accessible in the  
 blink of an eye, thanks to the **POLINKA** cable car.

**72 LIQUID FORM**

After seeing all of Wrocław's highlights, you must  
 be quite tired. How about stretching in a hammock,  
 closing your eyes and enjoying the light breeze from  
 the water? Let's not forget about a cold drink by  
 your side. This is what **FORMA PLYNNA** is all about.  
 Located on Odra's river bank, it is a place where you  
 can chill, meet your friends or join live **concerts** and  
 pub quizzes.

**73 BE WATER, MY FRIEND**

Take a deep dive in the fascinating world of water  
 at **HYDROPOLIS**! This **interactive museum** will  
 introduce you to the depths of the ocean, the Odra  
 river and the importance of water in our bodies. It is  
 located in a former underground clean water reser-  
 voir, dating back to 19th century.

**RECOMMENDED WALKS**

**OLD TOWN PROMENADE (Gomin)**

This is a great short walk right in the heart of the  
 town, passing through some of the most important  
 landmarks. It has plenty of tall trees, making it quite  
 cool on warm summer days. It's rather calm but at  
 the same time you'll see many locals cycling, jogging  
 or dancing, reading etc. If you feel like having a coffee  
 or nice cake, we recommend stopping by **Cafe Berg**.  
 Head towards the **Wrocław's Puppet Theatre**, the  
**old Spa centre** with a great swimming pool and  
**Renoma** shopping mall. Continuing the prome-  
 nade, you'll see the **Opera House** and the **National  
 Forum of Music with the Freedom Square** in  
 between. Approaching the end of the walk, you will  
 enter the back of the **Common Respect District**  
 full of bars and restaurants.

**NIGHT ISLAND WALK (45min - 1h)**

Although this walk can be done during the day,  
 we believe it's more magical in the evening. It's a  
 circular route along the Odra river that will take  
 you to the most emblematic spots of Wrocław.  
 Religious and historical heritage go side by side  
 with cultural places and... the city's nightlife. Enjoy  
 the atmosphere of the **Cathedral Island**,  
 walking on cobblestone streets, seeing manually  
 operated gas lanterns (if you come at dawn,  
 you might actually see the lamplighter with his  
 unique capel, you'll fall in love with the oldest  
 part of the city. By the Museum's footbridge in the  
**Gondola's Bay** you'll see the famous sculpture  
*Birds* by Magdalena Abakanowicz and the nearby

We prepared a special  
 playlist with local bands  
 for you to enjoy while  
 exploring the city



Panorama of the **Battle of Racławice** and the  
**Architecture Museum** 21. To finish, you can get  
 a drink at one of the small bars by the steps while  
 admiring the reflection of the **Cathedral** on water.

**WALK LIKE A LOCAL (2h)**

Staying longer? Don't mind walking? This is the  
 route that locals take regularly to escape the city  
 crowds, having many spots to stop on the way  
 (nice cafes, ice-cream, beach bars) and possibility  
 to extend the walk to even a small trip!  
 We begin with a coffee at **Odra Centrum** 20.  
 Following the river, you might meet some students  
 commuting their way through the campuses using  
 the **cable car** 19 over the river. Continue along the  
**Na Grobli** street, passing by the **Hydropolis Muse-  
 um** 22 and the **Grotowski Institute** until you get  
 to the foot bridge. Once on the other side of Odra,  
 follow the path to the left, along the **Zoo** passing  
 by two beach bars. Once you're at the bridge, take  
 a glimpse of the **Centennial Hall** 23 for  
 a glimpse of the **Centennial Hall** 23, while on the queue  
 to **Przełam Lody** 24. Trying not to drop your ice  
 cream, follow the promenade until you arrive at a  
 big open space. This is where many young people  
 spend their afternoons and evenings, playing vol-  
 leyball or having some drinks at the nearby bars.  
 End your trip at **Grunwaldzki Bridge** having the  
 perfect view to the **Cathedral**.

